## Race-based Stress and Trauma Resources

<u>Guidance on How Districts Can Facilitate Conversations About Race-based Stress and Trauma (June 3, 2020)</u>

Race and Equity Resources from the American School Counseling Association School counselors are advocates for the equitable treatment of all students in school and in the community. As race and equity issues continue to be at the forefront of the news, it's important for school counselors to be prepared to talk to students about race issues and anti-racism. Following are some resources to help. Additional resources will be added soon.